

Health and Safety Course Schedule

January - June 2012



American Red Cross
Kern Chapter

Introducing

The next generation

2

of Red Cross Training

YEAR
Certification

CPR/AED
First Aid

American Red Cross – Kern Chapter 5035 Gilmore Ave Bakersfield, CA 93308
Phone: 661-324-6427 Fax: 661-321-0744 www.kernredcross.org

How to Register

Red Cross courses taught in the Bakersfield area. After finding the course you want there are many different ways to register. You may register by phone by calling 1800-733-2767 option 3 and use your credit card or you may register online at www.KernRedCross.org.

Pre-registration is required for all classes!

You must attend all class sessions and pass all skills and written exams to receive appropriate certification. Please arrive for class on time.

Closed-Captioned

If you need a closed captioned monitor (or other equipment to meet special needs), please let us know ahead of time so we can make arrangements.

Group Training

If you have a group of 8 or more people, whether you are a business or a group of friends, we can bring the class to you! Group training allows a more flexible option for the same quality training offered at our chapter location.

Continuing Education Units

The American Red Cross has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET). CEU's are offered as an add-on to training courses completed through the American Red Cross. Obtain Red Cross CEU's online at

www.RedCross.org/store. Individuals are strongly encouraged to check with their specific regulatory boards, employers or other agencies to confirm that courses taken for IACET CEU's will be accepted by that entity.

Health Precautions

According to the Centers for Disease Control (CDC), there has never been a reported case of any infectious disease transmitted through the use of CPR mannequins. Red Cross follows widely accepted guidelines for the cleaning and decontamination of training mannequins. If you have a condition that would increase your risk or another participant's risk of exposure to infection, you will need to request your own mannequin prior to class. Request a separation mannequin if you have:

- An acute condition, such as a cold or a sore throat, or open sores on your hands or around your mouth.
- If you are currently infected with the Hepatitis B or C virus.
- Have any other type of infection or condition that would put you or those around you at increased risk for an infection.

If you decide you need your own mannequin, please call our 661-324-6427 ahead of time. You will not be asked to explain the reason for your request. Training in CPR and First Aid requires physical activity. If you have a condition that prevents you from taking part in the practice sessions, please let your instructor know.



First Aid

To give individuals in the workplace the knowledge and skills necessary to recognize and provide basic first aid care for injuries and sudden illnesses until advanced medical personnel arrive and take over.

Course Fee: \$60

| Offering ID | Date | Day | Time |
|-------------|----------|-----|------------|
| 01271910 | Jan 9 | Mon | 5:30pm-9pm |
| 01271913 | Jan 23 | Mon | 5:30pm-9pm |
| 01287442 | Feb 6 | Mon | 5:30pm-9pm |
| 01287451 | Feb 27 | Mon | 5:30pm-9pm |
| 01287464 | Mar 5 | Mon | 5:30pm-9pm |
| 01294790 | Mar 19 | Mon | 5:30pm-9pm |
| 01342729 | April 9 | Mon | 5:30pm-9pm |
| 01342739 | April 23 | Mon | 5:30pm-9pm |
| | May 7 | Mon | 5:30pm-9pm |
| | May 21 | Mon | 5:30pm-9pm |
| | June 4 | Mon | 5:30pm-9pm |
| | June 18 | Mon | 5:30pm-9pm |

CPR/AED Adult, Child and Infant CPR

This course teaches participants how to recognize and care for breathing and cardiac emergencies in infants, children and adults. Course Fee: \$70

| Offering ID | Date | Day | Time |
|-------------|--------|-----|-----------------|
| 01271896 | Jan 7 | Sat | 8:30am-12pm |
| 01271904 | Jan 10 | Tue | 5:30pm-9:30pm |
| 01271899 | Jan 18 | Wed | 8:30am-12pm |
| 01271901 | Jan 21 | Sat | 8:30am-12pm |
| 01287383 | Jan 24 | Tue | 5:30pm-9:30pm |
| 01278149 | Feb 4 | Sat | 8:30am-12pm |
| 01287404 | Feb 7 | Tue | 5:30pm-9:30pm |
| 01278248 | Feb 15 | Wed | 8:30am-12pm |
| 01278305 | Feb 18 | Sat | 8:30am-12pm |
| 01287417 | Feb 28 | Tue | 5:30pm – 9:30pm |
| 01278317 | Mar 3 | Sat | 8:30am-12pm |
| 01287423 | Mar 6 | Tue | 5:30pm-9:30pm |
| 01278427 | Mar 14 | Wed | 8:30am-12pm |
| 01278440 | Mar 17 | Sat | 8:30am-12pm |
| 01287430 | Mar 20 | Tue | 5:30pm-9:30pm |
| 01342707 | Apr 10 | Tue | 5:30pm-9:30pm |
| 01341278 | Apr 18 | Wed | 8:30am-12pm |
| 01341287 | Apr 21 | Sat | 8:30am-12pm |
| 01342721 | Apr 24 | Tue | 5:30pm-9:30pm |
| | May 5 | Sat | 8:30am-12pm |
| | May 8 | Tue | 5:30pm-9:30pm |
| | May 16 | Wed | 8:30am-12pm |
| | May 19 | Sat | 8:30am-12pm |
| | May 22 | Tue | 5:30pm-9:30pm |
| | Jun 2 | Sat | 8:30am-12pm |

| | | | |
|--|--------|-----|---------------|
| | Jun 5 | Tue | 5:30pm-9:30pm |
| | Jun 13 | Wed | 8:30am-12pm |
| | Jun 16 | Sat | 8:30am-12pm |
| | Jun 19 | Tue | 5:30pm-9:30pm |
| | Jun 30 | Sat | 8:30am-12pm |

Adult, Child CPR/AED, Infant CPR and First Aid

This Comprehensive course includes: Adult, Child, Infant CPR, and AED components, how to recognize the signals of a breathing emergency, and first aid skills. Course Fee: \$90

| Offering ID | Date | Day | Time |
|-------------|---------------|---------|---------------|
| 01271903 | Jan 7 | Sat | 8:30am-2:30pm |
| 01271912 | Jan 9 & 10 | Mon/Tue | 5:30pm-9pm |
| 01271905 | Jan 18 | Wed | 8:30am-2:30pm |
| 01271908 | Jan 21 | Sat | 8:30am-2:30pm |
| 01271917 | Jan 23 & 24 | Mon/Tue | 5:30pm-9pm |
| 01288261 | Feb 4 | Sat | 8:30am-2:30pm |
| 01278006 | Feb 6 & 7 | Mon/Tue | 5:30pm-9pm |
| 01288262 | Feb 15 | Wed | 8:30am-2:30pm |
| 01288265 | Feb 18 | Sat | 8:30am-2:30 |
| 01278071 | Feb 27 & 28 | Mon/Tue | 5:30pm-9pm |
| 01288267 | Mar 3 | Sat | 8:30am-2:30pm |
| 01278104 | Mar 5 & 6 | Mon/Tue | 5:30pm-9pm |
| 01288269 | Mar 14 | Wed | 8:30-2:30pm |
| 01288272 | Mar 17 | Sat | 8:30am-2:30pm |
| | Mar 19 & 20 | Mon/Tue | 5:30pm-9pm |
| 01341266 | April 9 & 10 | Mon/Tue | 5:30pm-9pm |
| | April 18 | Wed | 8:30am-2:30pm |
| 01341254 | April 21 | Sat | 8:30am-2:30pm |
| 01341272 | April 23 & 24 | Mon/Tue | 5:30pm-9pm |
| | May 5 | Sat | 8:30am-2:30pm |
| | May 7 & 8 | Mon/Tue | 5:30pm-9pm |
| | May 16 | Wed | 8:30am-2:30pm |
| | May 19 | Sat | 8:30am-2:30pm |
| | May 21 & 22 | Mon/Tue | 5:30pm-9pm |
| | June 2 | Sat | 8:30am-2:30pm |
| | June 4 & 5 | Mon/Tue | 5:30pm-9pm |
| | June 13 | Wed | 8:30am-2:30pm |
| | June 16 | Sat | 8:30am-2:30pm |
| | June 18 & 19 | Mon/Tue | 5:30pm-9pm |
| | June 30 | Sat | 8:30am-2:30 |

Adult CPR/AED and First Aid

Provide the lay responder with the knowledge and skills necessary in an emergency to help sustain life and to minimize pain and the consequences of injury or sudden illness until professional medical help arrives. Course Fee: \$70

| Offering ID | Date | Day | Time |
|-------------|----------|-----|-----------|
| 01288207 | Jan 27 | Fri | 9am – 2pm |
| 01288210 | Feb 24 | Fri | 9am – 2pm |
| 01288217 | March 23 | Fri | 9am – 2pm |
| 01342760 | April 27 | Fri | 9am – 2pm |
| | May 25 | Fri | 9am – 2pm |
| | June 29 | Fri | 9am – 2pm |

Adult CPR/AED

Trains lay responders to overcome by reluctance to act in emergency situations and to recognize and care for life-threatening respiratory or cardiac emergencies in adults. Course Fee: \$60

| Offering ID | Date | Day | Time |
|-------------|----------|-----|---------------|
| 01288194 | Jan 27 | Fri | 9am – 12:00pm |
| 01288198 | Feb 24 | Fri | 9am – 12:00pm |
| 01288203 | March 23 | Fri | 9am – 12:00pm |
| 01342754 | April 27 | Fri | 9am – 12:00pm |
| | May 25 | Fri | 9am – 12:00pm |
| | June 29 | Fri | 9am – 12:00pm |

Water Safety Today

Designed to help increase safety wherever and whenever water sports are enjoyed. Class is especially important for babysitters and foster care parents who may have a pool or spa on their property. Course Fee: \$50

| Offering ID | Date | Day | Time |
|-------------|----------|-----|---------------|
| 01288241 | Jan 25 | Wed | 5:30pm-7:30pm |
| 01294038 | March 28 | Wed | 5:30pm-7:30pm |
| | May 30 | Wed | 5:30pm-7:30pm |

Pet First Aid

Learn the symptoms and how to care for common ailments and emergencies in both cats and dogs. Tips on maintaining your pet's health and what to do in life threatening situations. Course Fee: \$70

| Offering ID | Date | Day | Time |
|-------------|---------|-----|------------|
| 01294200 | Feb 29 | Wed | 5:00pm-9pm |
| 01342789 | April 4 | Wed | 10am-2pm |
| | June 14 | Thu | 10am-2pm |

Babysitting Training

Babysitter's Training and Pediatric First Aid/CPR provides youth who are planning to babysit with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants to develop leadership skills; learn how to develop a babysitting business, keep themselves and others safe and help children

behave; and learn about basic child care. The course also includes first aid and Pediatric CPR.

Course Fee: \$140

| Offering ID | Date | Day | Time |
|-------------|---------|-----|-----------------|
| 01342947 | April 3 | Tue | 8:30am – 5:30pm |
| | June 6 | Wed | 8:30am – 5:30pm |

CPR/AED for the Professional Rescuer

This course combines a participant's manual, lectures and video with hands-on skills training to cover the following areas:

- Responding to breathing and cardiac emergencies in adults, children and infants.
- Using an AED on adult and child victims of cardiac arrest.
- Using personal protective equipment to stop bloodborne pathogens and other

Course Fee: \$90

| Offering ID | Date | Day | Time |
|-------------|----------|-----|-----------------|
| 01271918 | Jan 14 | Sat | 8:30am – 2:30pm |
| 01288247 | Feb 11 | Sat | 8:30am – 2:30pm |
| 01288189 | March 10 | Sat | 8:30am – 2:30pm |
| 01342746 | April 14 | Sat | 8:30am – 2:30pm |
| | May 12 | Sat | 8:30am – 2:30pm |
| | June 9 | Sat | 8:30am – 2:30pm |

First Aid, CPR, AED Instructor

Prerequisites:

- Be at least 16 years of age on the last day of the instructor course.
- Possess current ARC First Aid, CPR and/or AED certification(s) or the equivalent
- Have successfully completed both online Orientation to the First Aid/CPR/AED Instructor Course and the American Red Cross.
- Have successfully completed the online First Aid/CPR/AED Instructor Precourse Test (score 80 percent or better).
- Have obtained all materials needed for both the instructor and participants before entering the first session of the instructor course.

The Red Cross reserves the right to refuse any Instructor Candidate authorization or reauthorization according to American National Red Cross policies and procedures.

Course Fee: \$500

| Offering ID | Date | Day | Time |
|-------------|----------|-----|-----------------|
| 01262678 | March 31 | Sat | 8:30am – 5:30pm |
| | June 30 | Sat | 8:30am – 5:30pm |

Wilderness and Remote First Aid

To provide individuals a foundation of first aid principles and skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services (EMS) response. This includes wilderness and remote environments, including urban disasters, such as earthquakes and hurricanes. Prerequisites

- Possess current adult CPR/AED certification
- Be at least 14 years of age on or before the last scheduled session of the course.

Must attend both days

Course Fee: \$110

| Offering ID | Date | Day | Time |
|-------------|-------------|--------|-----------------|
| 01294031 | Jan 21 & 28 | Sat | 8:30am – 5:30pm |
| 01342776 | April 5 & 6 | Th/Fri | 8:30am – 5:30pm |

CA: Child Care Adult, Child, Infant CPR and Pediatric First Aid

This 8 hour course provides training for daycare providers, and individuals to respond to breathing and cardiac emergencies, pediatric first aid and injury prevention. This class meets CA EMSA daycare requirements. Course: \$70

| Offering ID | Date | Day | Time |
|-------------|----------|-----|-----------------|
| 01288224 | Jan 28 | Sat | 8:30am – 5:30pm |
| 01288230 | March 24 | Sat | 8:30am – 5:30pm |
| | May 26 | Sat | 8:30am – 5:30pm |

CA: Child Care – Health and Safety

Provides training for daycare providers about preventing infectious diseases, caring for ill children and checking for immunizations in the child care setting. Fee includes the State approved sticker. Course: \$70

| Offering ID | Date | Day | Time |
|-------------|----------|-----|-----------------|
| 01288235 | Feb 25 | Sat | 8:30am – 5:30pm |
| | April 28 | Sat | 8:30am – 5:30pm |
| | June 23 | Sat | 8:30am – 5:30pm |

RCP/AED para Adulto, Nino y RCPR Bebes y Primeros Auxilios Estándares

El contenido del curso incluye el conocimiento y las habilidades necesarias para que los participantes identifiquen y prevengan posibles peligros y brinden la atención apropiada en caso de una emergencia. Costo: \$90

| Offering ID | Date/Fecha | Day/Día | Time/Hora |
|-------------|------------|---------|-----------|
| 01262646 | Enero 30 | Lunes | 9am-2pm |

| | | | |
|----------|----------|-------|---------|
| 01262654 | Feb. 27 | Lunes | 9am-2pm |
| 01262661 | Marzo 26 | Lunes | 9am-2pm |
| 01342938 | Abril 30 | Lunes | 9am-2pm |
| | Junio 25 | Lunes | 9am-2pm |

RCP/AED para Adultos, Niños y RCPR para Bebes

Capacitación para superar reticencia de reacción en casos de emergencia; capacitación para identificar y tratar casos cardiacos o respiratorios que amenacen la vida de adultos, niños e infantes. Brinda a los participantes las habilidades y los conocimientos necesarios para reconocer y dar atención básica en caso de lesiones y enfermedades hasta que llegue el personal medico. Costo: \$70

| Offering ID | Date/Fecha | Day | Time |
|-------------|------------|-------|----------|
| 01294259 | Enero 30 | Lunes | 9am-12pm |
| 01294265 | Feb. 27 | Lunes | 9am-12pm |
| 01294267 | Marzo 26 | Lunes | 9am-12pm |
| 01342818 | Abril 30 | Lunes | 9am-12pm |
| | Junio 25 | Lunes | 9am-12pm |